



Cooking Class with Rouses Nino

Mardi Gras Muffalata Crawfish Pasta Salad

WHAT YOU WILL NEED

1 lb. Garofalo Shell Macaroni, cooked

1- 12 oz. jar Rouses Olive Salad (half drained)

1 lb. Louisiana crawfish tails cooked

½ pound Provolone Cheese sliced into strips

½ cup shredded Rouses Parmigiano Reggiano Cheese

½ cup Rouses Italian Dressing

4 Tbs. of Olive Oil Mayonnaise

1/4 cup Red Wine Vinegar

1 tsp. dried Italian Herbs

1 small Red Onion, thinly sliced

1 Head of Romaine Lettuce

1 Red Bell Pepper, sliced into strips

HOW TO PREP

- 1. Stir together Italian Dressing, Mayo, Red Wine Vinegar, and Italian Herbs in a large glass bowl.
- 2. Add Cooked Garofalo Pasta, Red Onion and Rouses Olive Salad and stir together
- 3. Add Cooked Crawfish, Provolone Cheese and Parmigiano Reggiano Cheese stirring until everything is incorporated and coated.
- 4. Refrigerate 8-10 hours or overnight
- 5. To serve: line serving bowl or platter with lettuce and spoon pasta over it.
- 6. Garnish with Red Bell Pepper. Sprinkle more dressing on top and serve.

Italian Sausage and Bell Pepper Tomato Gravv

WHAT YOU WILL NEED

1 lb. Rouses Fresh Italian Pork Sausage

1 White Onion finely cut

1- 12 oz. jar Roasted Bell Peppers

1- 12 oz. jar Marinated Artichoke Hearts

1- 6.5 oz. jar Sun Dried Tomatoes

1/4 cup Kalamata Olives seeds out and cut finely

2 - 28 oz. cans San Marzano Tomatoes

1 Tbsp Rouses Sicilian Olive Oil

½ cup fresh cut Basil

½ teaspoon Italian Seasoning

Salt and Pepper to taste

1 lb. Luigi Vitelli Pasta Noodles of choice cooked and drained

HOW TO PREP

- 1. Remove Italian Sausage from casing.
- 2. Pour olive oil in medium skillet and sauté sausage and white onion until browned, approximately 10 minutes.
- 3. Place drained bell peppers, artichoke hearts, and sundried tomatoes into skillet with the sausage and onions stirring until fully incorporated.
- 4. Add San Marzano tomatoes, with liquid, and bring to a boil.
- 5. Add cut Kalamata olives, fresh basil, Italian seasoning, salt and pepper.
- 6. Let simmer for 1 hour on low
- 7. Serve over your choice of cooked Pasta

Recipes prepared by Rouses Chef Nino